

Review of Older Adult's Day Care

Background and Purpose of the Engagement

Perth and Kinross Health and Social Care Partnership (PKHSCP) provide a Day Opportunities service for older people, including individuals living with dementia through New Rannoch Day Centre and Strathmore Day Opportunities.

It is a core vision of the PKHSCP to provide person-centred, effective, and sustainable services to support the older people who live here to retain their independence and their community connections for as long as possible.

We are starting a review of our services to **identify and understand current and future day service needs** across Perth and Kinross, and to use this information to **provide options for a future model** that considers best use of resources/budget and addresses our rural geography . The purpose of engaging is to ensure we take into account the views of people in our communities.

What change are we trying to achieve from the engagement and what will success look like?

PKHSCP is working to pivot the provision of care and support for older people away from traditional care towards enhanced community provision. This is in line, nationally, with the Scottish Government's commitment to removing barriers to ageing well by providing care and support which is local to the people who need it, preventive, proactive, integrated and person-centred.

It is anticipated that this model of care provision will support both older people and the family members or friends who care for them to live independently for longer and maintain their social contacts and networks closer to home.

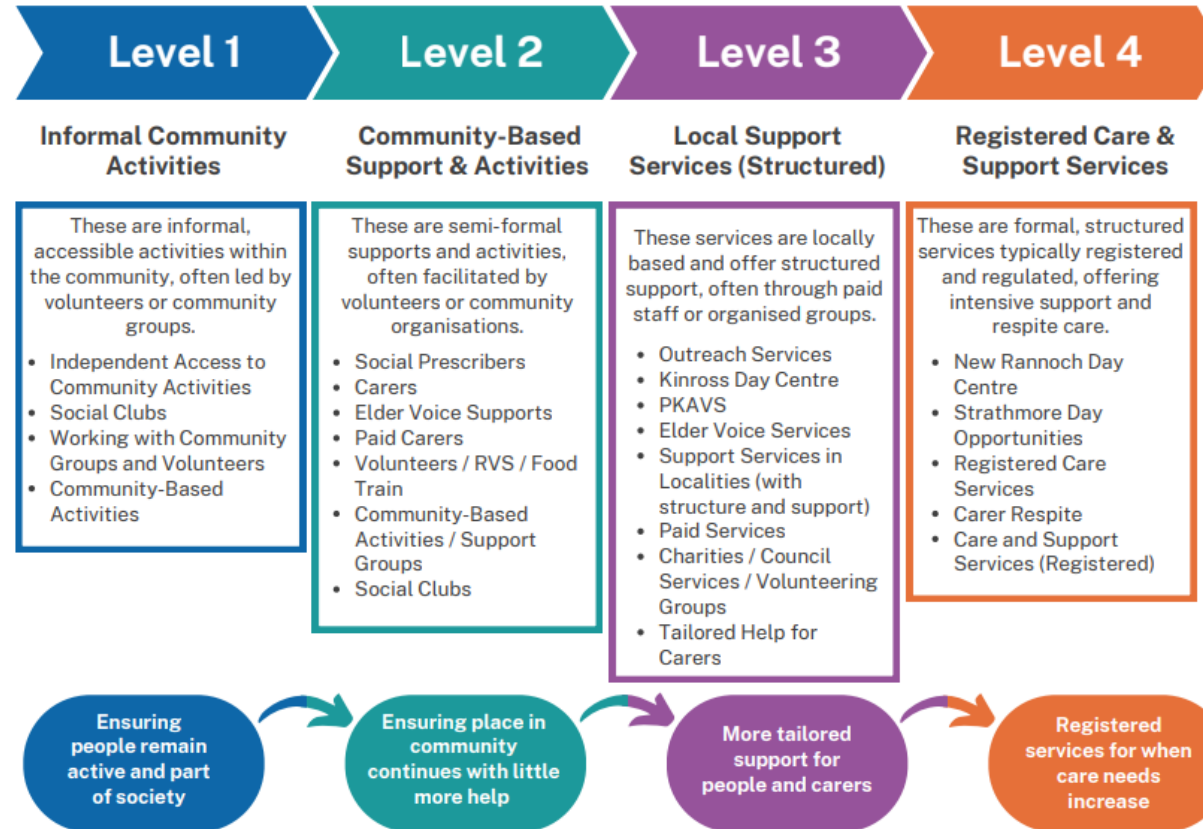
We will use this engagement information to **gauge demand/need across P and K** and **inform options for a future model** that considers best use of resources/budget and addresses our rural geography.

How to contribute

Older Adult day services support people to engage in activities including those that are beneficial to health, well-being, nutrition, daily living, and ongoing social engagement. This may include a range of sport or recreational activities, meal clubs, support with learning and retaining skills and personal and healthcare activities. Day services can be buildings based or happen in the community.



Levels of service provision for older adults



We would appreciate if you could answer a few questions to help us understand, given your experience, what people in Perth and Kinross want and need in relation to day services for older adults.

[Day Services Questionnaire – Fill in form](#)

Timeline

